



University of
Nottingham

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IS YOUR CHILD/GRANDCHILD AGED 8-12 YEARS?

Would they be interested in
getting involved in an exciting
new research study?

If the answer is yes, read on.....

We are investigating the importance of breakfast as a healthy start to the day by inviting a group of 8-12 year olds to participate in a research study.

The research is interested in how sugar is stored and used in our bodies overnight and how this is affected if we eat or skip breakfast.

Participants will be asked to come to the University on 5 occasions and have a series of MRI scans. This study does NOT involve drugs, radiation or having any needles.

Want to find out more?

Aline Nixon, a member of our research team can be contacted on the following e mail and is happy to answer any questions:

aline.nixon@nottingham.ac.uk

